



# A Time-Motion Study of Primary Care Physicians' Work in the Electronic Health Record Era

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**BACKGROUND AND OBJECTIVES:** Electronic health records (EHRs) have had mixed effects on the workflow of ambulatory primary care. In this study, we update previous research on the time required to care for patients in primary care clinics with EHRs.

**METHODS:** We directly observed family physician (FP) attendings, residents, and their ambulatory patients in 982 visits in clinics affiliated with 10 residencies of the Residency Research Network of Texas. The FPs were purposely chosen to reflect a diversity of patient care styles. We measured total visit time, previsit chart time, face-to-face time, non-face time, out-of-hours EHR work time, and total EHR work time.

**RESULTS:** The mean (SD) visit length was 35.8 (16.6) minutes, not counting resident precepting time. The mean time components included 2.9 (3.8) minutes working in the EHR prior to entering the room, 16.5 (9.2) minutes of face-to-face time not working in the EHR, 2.0 (2.1) minutes working in the EHR in the room (which occurred in 73.4% of the visits), 7.5 (7.5) minutes of non-face time (mostly EHR time), and 6.9 (7.6) minutes of EHR work outside of normal clinic operational hours (which occurred in 64.6% of the visits). The total time and total EHR time varied only slightly between faculty physicians, third-year and second-year residents. Multivariable linear regression analysis revealed many factors associated with total visit time including patient, physician, and clinic infrastructure factors.

**CONCLUSIONS:** Primary care physicians spent more time working in the EHR than they spent in face-to-face time with patients in clinic visits.

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A survey by the Office of the National Coordinator for Health Information Technology in 2014 reported that 87% of primary care physicians used electronic health records (EHRs).<sup>1</sup> Reviews of the effect of EHRs on patient and physician outcomes have been mixed, including neutral to small

positive effects on common quality metrics and disease-specific guidelines,<sup>2-5</sup> mixed on office workflow,<sup>2,6,7</sup> and mostly decreased on primary care physician productivity.<sup>8-10</sup> There is little to no evidence that patient outcomes are improved or overall health care costs are reduced.<sup>4,11</sup>

Major studies of the work US family physicians perform in their clinic have been published, but all before the national growth of EHRs.<sup>12-24</sup> Although several studies of the impact of EHRs on physician work report an effect on time as a percentage of their work day, almost no previous studies measured the actual time spent. A recent study of four types of physicians found that 27% of their time was spent in clinical face-to-face time with the patient and 49% of their time was spent using the EHR and other deskwork.<sup>25</sup> Heavy EHR use in primary care is associated with increased time pressure, increased physician stress, and decreased job satisfaction.<sup>26</sup>

Previous studies have shown that for a mostly middle-aged, insured population, family physicians address 2.5 to 3.1 issues in the average clinic visit.<sup>12,15,16</sup> The average number of issues per visit grows to 3.9 to 6 for elderly patients and 4.6 for patients with diabetes.<sup>16,24</sup> Multiple issues are not likely to get equal attention. Other research observed that primary care physicians in clinic only spend 1 minute on other patient concerns after the chief

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complaint is addressed.<sup>24</sup> This time crunch is associated with reduced provision of common chronic disease services when multiple patient concerns are addressed.<sup>27</sup>

The purpose of our study was to update measures of the time primary care physicians require to care for ambulatory patients in clinics, to measure how much time was spent working in the EHR, and to determine the other patient, physician, and visit characteristics associated with these time measures.

## Methods

### *Study Population*

This was a cross-sectional, observational study in clinics of 10 family medicine residency programs that are members of the Residency Research Network of Texas (RRNeT).

### *Observer Training and Measurements*

Visit observers/data collectors (“observers”) were medical students and one premed undergraduate student. Each volunteered to participate in a 4-week research elective during a normal break in their primary class schedule. Investigators scheduled a 1-day orientation and training session at the medical school in San Antonio to teach enrollment and consent procedures, and review all sections of the instrument. Prior to the training, one investigator filmed physician-patient interactions (both complex and simple visits) and used these during training so the observers could practice recording pertinent data. The investigator-trainers provided feedback to insure consistent data collection approaches among all observers.

This study used a visit survey to describe each patient’s visit in multiple domains. The primary instrument was based on the National Ambulatory Medical Care Survey (NAMCS), which includes the reason for visit, new or continuing/follow-up patient, patient demographics, diagnoses, screening services, exams, medicines, procedures, nonmedical treatments, and referral patterns.<sup>28</sup>

Unlike NAMCS, there were no numerical limits on any of the categories in our study.

Observers were instructed to record all concerns brought up in the visit by either the patient or physician. These could include symptoms, diagnoses, socioeconomic concerns, health care system issues, or even concerns about people other than the patient (for example, a question about a child’s health during an adult’s scheduled visit). These concerns were recorded in a section entitled Reasons for Visit (RFV), which mirrored the NAMCS instrument. Observers were also asked to record all of the concerns that were actually addressed by the physician during the visit (issues addressed), which also mirrors the NAMCS instrument. The investigator-trainers provided training on how to make this distinction during the session. For example, a patient may have mentioned a recent headache, but the physician spent no observed time taking a history of the headache or prescribing a medication for the headache. In this scenario, the headache would be recorded in the RFV section, but not the Issues Addressed (IA) section.

### *Observations*

Patient-physician visits were purposely sampled at the level of the observed physician. A true randomization of physicians was impractical given the nature of their clinic schedules. However, observers were instructed to shadow as wide a variety of physicians as possible, and to preferentially observe FP faculty whenever possible, followed by third- or second-year residents. Data collection occurred in May and June 2015, toward the end of the academic year, which meant that observed residents had 2 and 3 full years of clinical experience.

Observers recorded data from alternate patient visits to allow time to complete the lengthy study instruments and to decrease the burden of their presence on the observed physician. Observers were instructed to

be a “fly on the wall” and to impact the encounter as little as possible. They were instructed to move to the corner of the examination room that was the least visible to the patient. A crucial component of data collection was the time required for the physician to complete the encounter, both face-to-face time and non-face time. Observers were instructed to not make any statements or ask the physician any questions until he or she was finished with that visit, and was ready to see the next patient. While the physician was seeing the nonobserved patient, the observer would complete recording relevant data on paper copies of the instruments and await the next eligible patient. The observer would explain the nature of the study and seek verbal consent from the patient and furnish a 1-page informational letter (signed consent was not required). If the patient declined to be observed, the next eligible patient was approached. At the end of each half-day clinic session, the observer transferred the written data onto a web-based version of the instrument through Survey Monkey.

### *Time Measurement*

Observers used personal watches or cell phones to record time data. If documentation and other administrative work was incomplete at the end of the clinic session, the observers asked the physician to estimate how much time he or she would spend documenting in the EHR for each patient outside of clinic hours. A study investigator followed up with each student to inquire about their judgment of whether the estimated times seemed reasonable and consistent given their observation of each physician’s documentation style and computer skills. Every observer reported that estimated times were consistent with observed behaviors and were unlikely to exaggerate the actual time spent.

### *Data Analysis*

Results were analyzed using descriptive statistics. Group comparisons of

continuous variables were assessed using independent samples t-tests or analysis of variance (ANOVA) as appropriate, and comparisons of all categorical data were analyzed using chi square. Bivariate correlation coefficients were calculated to identify variables that potentially predicted the time outcomes. Those that had a *P* value of < .20 were included in the multivariable linear regression

models to identify independent predictors of time outcomes. SPSS (Statistical Package for the Social Scientist) version 20 was used for analysis (SPSS Inc., Chicago, IL). All tests were 2-tailed, and alpha levels were set at 0.05 to determine statistical significance.

The project was approved by the Institutional Review Board (IRB) at the University of Texas Health

Science Center at San Antonio and each of the participating residencies.

## Results

We observed 982 clinic visits. Characteristics of the patients and physicians are shown in Table 1.

In 982 physician-patient visits, the mean (SD) visit length was 35.8 (16.6) minutes, not counting resident precepting time. The mean time

**Table 1: Patient and Physician Characteristics**

Patients				
Characteristic	Faculty Patients n=315	Resident Patients n=667	Overall	P Value
Age, mean (SD)	51.8 (21.1)	43.7 (22.7)	46.4 (22.5)	<.001
Age group, No. (%)				<.001
≤64	225 (71.7)	542 (82.1)	767 (78.7)	
65 and older	89 (28.3)	118 (17.9)	207 (21.3)	
Race/Ethnicity, No. (%)				
Hispanic	128 (40.6)	410 (61.7)	538 (54.9)	<.001
White	116 (36.8)	121 (18.2)	237 (24.2)	<.001
Black	49 (15.6)	119 (17.9)	168 (17.1)	.21
Asian	19 (6.0)	18 (2.7)	37 (3.8)	.01
Female, No. (%)	184 (58.4)	417 (62.7)	601 (61.3)	.21
BMI, mean (SD)	30.1 (9.2)	29.6 (8.8)	29.8 (8.7)	.48
Diastolic BP, mm Hg (SD)	73.4 (11.0)	73.8 (11.7)	73.7 (11.4)	.63
Systolic BP, mm HG (SD)	126.7 (18.7)	126.3 (20.3)	126.6 (19.7)	.78
Chronic Diseases, No. (%)				
Hypertension	150 (47.6)	248 (37.3)	398 (40.6)	.002
Diabetes	182 (27.4)	94 (29.8)	276 (28.2)	.42
Hyperlipidemia	118 (37.5)	154 (23.2)	272 (27.8)	<.001
Arthritis	61 (19.4)	77 (11.6)	138 (14.1)	.001
Anxiety	53 (16.8)	56 (8.4)	109 (11.1)	<.001
Depression	70 (22.2)	107 (16.1)	177 (18.1)	.020
Coronary artery disease	20 (6.30)	30 (4.5)	50 (5.1)	.22
Asthma	41 (13.0)	40 (6.0)	81 (8.3)	<.001
Physicians (No. of visits with physicians fitting the description)				
	Faculty n=315	Residents n=667	Overall N=982	
Years Clinical Experience	16.6 (10.0)	2.6 (.6)	7.1 (8.6)	<.001
Race/Ethnicity, No. (%)				
Hispanic	56 (17.8)	242 (36.3)	298 (30.4)	<.001
White	100 (31.7)	248 (37.3)	348 (35.5)	.052
Black	17 (5.4)	21 (3.2)	38 (3.9)	.067
Asian	115 (36.5)	150 (22.6)	265 (27.0)	<.001
Male, No. (%)	161 (51.1)	318 (47.5)	477 (48.7)	.31

components included 2.9 (3.8) minutes working in the chart prior to entering the room, 16.5 (9.2) minutes of face-to-face time not working in the EHR, 2.0 (2.1) minutes working in the EHR in the room, 7.5 (7.5) minutes of non-face time (mostly EHR time), and 6.9 minutes (7.6) of EHR

work outside of normal clinic operational hours. The total estimated EHR time per visit was 18.6 minutes (corrected for estimated non-face/non-EHR time performing other tasks such as filling out forms).

The total time and total EHR time varied only slightly between faculty

physicians, third- and second-year residents (38.2 [18.7], 33.1 [14.4], and 37.3 [16.6] minutes; 18.7 [11.4], 17.4 [9.0], and 20.5 [10.0] minutes, respectively,  $P < .001$  for both comparisons, Table 2). Patients seeing faculty were older and raised more reasons for the visit than patients

**Table 2: Time Spent on Visit (Precepting Time Removed)**

Characteristic, Min (SD)	Face-to-Face Time	Total Non-face in Clinic	Out-of-Clinic EHR Time	Total EHR Time	Total Time
Overall, n = 980	18.5 (10.5)	7.5 (7.5)	6.9 (7.6)	18.6 (10.1)	35.8 (16.6)
<b>Physician Level of Training</b>					
PGY1, n = 8	24.4 (7.0)	10.9 (10.8)	0.5 (1.4)	14.7 (9.3)	38.6 (14.0)
PGY2, n = 263	17.3 (10.4)	9.7 (8.3)	7.1 (6.9)	20.5 (10.0)	37.3 (16.6)
PGY3, n = 376	16.5 (9.0)	7.4 (6.7)	5.9 (6.0)	17.4 (9.0)	33.1 (14.4)
PGY4, n = 18	17.5 (11.7)	6.5 (6.8)	2.2 (4.8)	12.9 (7.2)	29.1 (15.9)
Faculty, n = 315	21.9 (11.3)	5.7 (7.1)	8.4 (9.4)	18.7 (11.4)	38.2 (18.7)
<i>P</i> value	<.001	<.001	<.001	<.001	<.001
<b>Patient Race/Ethnicity</b>					
Hispanic, n = 532	18.6 (10.7)	8.4 (7.5)	7.0 (7.4)	19.4 (10.1)	37.0 (16.6)
White, n = 232	19.9 (10.4)	6.3 (8.1)	8.0 (9.3)	18.1 (12.0)	36.0 (19.3)
Black, n = 166	15.9 (8.3)	7.4 (6.3)	5.1 (5.6)	17.0 (7.8)	32.1 (12.2)
Asian, n = 37	23.3 (12.5)	3.8 (5.8)	7.7 (6.3)	17.5 (7.2)	37.6 (15.1)
<i>P</i> value	<.001	<.001	.008	.087	.016
<b>Patient Age Categories</b>					
< 13 years, n = 97	14.5 (8.4)	7.0 (6.6)	4.3 (5.2)	14.6 (6.5)	28.5 (10.7)
13-20 years, n = 57	19.1 (9.9)	6.3 (5.3)	7.1 (6.8)	17.9 (9.2)	35.4 (15.8)
21-44 years, n = 241	17.4 (9.7)	7.5 (6.9)	6.9 (7.1)	18.5 (9.8)	35.0 (15.9)
45-64 years, n = 372	19.2 (10.5)	7.8 (7.8)	7.2 (7.8)	19.1 (10.7)	37.0 (16.7)
65+	20.4 (11.6)	7.5 (8.3)	7.6 (8.7)	19.6 (10.9)	38.3 (18.7)
<i>P</i> value	<.001	.63	.007	.001	<.001
<b>Patient Gender</b>					
Male	18.4 (10.5)	7.4 (7.6)	6.9 (7.8)	18.4 (10.6)	35.7 (17.5)
Female	18.6 (10.5)	7.5 (7.4)	6.9 (7.5)	18.6 (9.9)	36.0 (16.1)
<i>P</i> value	.78	.86	.96	.73	.80
<b>Patient and Physician Shared Language/Culture</b>					
Patient shares language AND culture, n = 453	19.4 (11.4)	8.0 (7.4)	7.4 (8.9)	19.5 (10.9)	37.8 (18.0)
Patient shares language OR culture (not both), n = 467	17.4 (9.0)	6.8 (7.4)	6.6 (6.2)	17.5 (9.4)	33.5 (14.5)
Patient does not share language/culture, n = 45	22.1 (13.3)	9.6 (9.5)	5.9 (5.8)	19.2 (9.2)	41.6 (19.5)
<i>P</i> value	.018	.025	.39	.022	<.001

(continued on next page)

(Table 2, continued)

Characteristic, Min (SD)	Face-to-Face Time	Total Non-face in Clinic	Out-of-Clinic EHR Time	Total EHR Time	Total Time
<b>PCP Status</b>					
This physician is the PCP, n = 534	19.5 (10.5)	6.6 (7.4)	6.9 (7.5)	18.0 (9.6)	35.8 (16.1)
Someone else in this practice is the PCP, n = 333	16.5 (9.4)	8.3 (7.2)	6.3 (6.1)	18.3 (9.4)	34.1 (15.2)
We are not the PCP for this patient, n = 52	22.3 (12.6)	8.7 (8.7)	9.3 (12.8)	22.2 (15.9)	43.1 (23.6)
Unknown PCP status, n = 62	18.6 (11.6)	10.7 (8.2)	7.7 (9.2)	22.5 (12.0)	40.0 (19.7)
P value	<.001	<.001	.051	<.001	.001
<b>Established or New Patient</b>					
Established, n = 882	18.1 (10.1)	7.3 (7.4)	6.8 (7.3)	18.2 (9.8)	35.0 (15.9)
New, n = 100	22.4 (12.5)	9.6 (8.0)	8.1 (9.9)	22.2 (12.6)	43.3 (21.2)
P value	<.001	.003	.10	<.001	<.001

seeing residents. One faculty-only clinic had notably longer mean visit times even when corrected for factors such as patient demographics and the number of issues addressed per clinic visit. When it was removed from the analysis, the average faculty time was reduced by 3 minutes

(35.3 [18.7] min,  $P=.01$  for the different physician types). There was no consistent pattern of mean total EHR time by clinical experience, other than the longest time was spent by second year residents (20.4 minutes per visit, Table 3). In general, physicians who had completed

residency training spent less pre-visit time and less EHR time, but more face-to-face time.

Multivariable linear regression analysis revealed many factors associated with visit times, including patient, physician, and clinic or system factors (Table 4). These times

Table 3: Time Elements by Clinical Experience and Visit Characteristics (Precepting Time Removed)

Time in Minutes (SD)	Clinical Experience							P Value
	2nd Years (n=271)	3rd and 4th Years (n=411)	5-10 Years* (n=89)	11-20 Years* (n=100)	21-30 Years* (n=86)	31+ Years* (n=21)	Overall (n= 978)	
Previsit time	3.1 (3.7)	3.2 (3.9)	3.7 (4.3)	1.7 (2.4)	1.9 (4.1)	1.4 (1.7)	2.9 (3.8)	< .001
Face-to-face time	17.6 (10.5)	17.3 (9.8)	16.7 (9.7)	21.0 (9.5)	25.2 (11.3)	22.7 (13.6)	18.5 (10.5)	< .001
Non-face time in clinic	9.8 (8.4)	7.1 (6.7)	8.5 (8.1)	5.3 (6.1)	3.9 (5.5)	7.3 (10.4)	7.5 (7.5)	< .001
Out-of-hours EHR time	6.9 (7.0)	6.5 (6.6)	6.7 (10.6)	7.9 (5.2)	8.1 (11.4)	7.9 (9.0)	6.9 (7.6)	.347
Total EHR time	20.4 (10.0)	17.8 (9.0)	19.6 (13.3)	17.4 (7.4)	17.0 (13.3)	18.1 (10.6)	18.6 (10.2)	.007
Total time	37.4 (16.7)	34.0 (14.9)	35.6 (19.3)	35.9 (13.7)	39.0 (21.7)	39.3 (21.9)	35.8 (16.7)	.042
<b>Patient/Visit Characteristics</b>								
Age	43.3 (21.6)	44.5 (23.2)	49.7 (20.4)	51.5 (22.4)	53.9 (21.7)	50.7 (21.7)	46.3 (22.5)	< .001
No. Reasons for visit	4.9 (2.5)	5.3 (2.7)	6.7 (3.4)	5.9 (3.1)	5.3 (2.5)	6.6 (3.2)	5.4 (2.8)	< .001
No. Issues addressed	3.4 (1.9)	3.5 (2.0)	4.9 (2.5)	4.0 (2.4)	3.6 (2.0)	4.0 (1.9)	3.7 (2.1)	< .001

\*Experience includes residency training

**Table 4: Independent Predictors of Three Time Categories, Linear Regression Analysis**

Factor	Standardized Beta Value	P Value
<b>TOTAL VISIT TIME</b> (precepting time removed, R <sup>2</sup> =.540)		
<b>Patient Factors</b>		
Patient not seen in practice before	.304	< .001
Number of reasons for visit	.216	< .001
<b>Physician/Medical Decision Making Factors</b>		
Physician is Hispanic or Latino	.255	< .001
If physician is a resident, did they meet with faculty?	.219	< .001
No. of new medications prescribed	.207	< .001
No. of labs ordered	.132	.019
Physician with 21-30 years clinical experience	.127	.023
<b>Clinic/System Factors</b>		
Does the patient have one or multiple providers caring for her in total?	.227	< .001
No. of medical error risks identified*	.152	.01
<b>TOTAL FACE TIME</b> (precepting and EMR-in-room times removed, R <sup>2</sup> =.350)		
<b>Patient Factors</b>		
Patient not seen in practice before	.263	< .001
No. of reasons for visit	.205	.001
<b>Physician/Medical Decision Making Factors</b>		
Physician is Hispanic or Latino	.240	< .001
No. of new medications prescribed	.213	.001
Physician with 21-30 years clinical experience	.177	.006
<b>Clinic/System Factors</b>		
No. of medical error risks identified*	.215	.002
<b>TOTAL EMR TIME (R<sup>2</sup>=.438)</b>		
<b>Patient Factors</b>		
Patient not seen in practice before	.182	.004
Patient has serious mental illness	.156	.014
Patient does not share language or culture with physician	.132	.034
<b>Physician/Medical Decision Making Factors</b>		
If physician is a resident, did they meet with faculty?	.339	< .001
No. of labs ordered	.206	< .001
Physician is Hispanic or Latino	.178	.008
Physician is a 2nd-year resident	.156	.012
No. of new medications prescribed	.136	.027
<b>Clinic/System Factors</b>		
Does the patient have one or multiple providers caring for her in total?	.247	< .001

\*Examples of medical error risks include inadequate supplies, information missing in chart, and errors in transmitting messages.



were adjusted to remove precepting time for patients seen by residents. The single largest contributor to total time and non-face time was still whether or not the resident checked out the patient with a preceptor. This factor did not impact face-to-face time with the patient. Other important contributors included if the patient was new to the practice and the number of reasons for the visit the patient stated. Time use as a function of the number of issues the physician addressed is shown in Figure 1. Two important notes apply to the figure. First, the number of reasons for the visit and the number of issues the physician addressed were almost exactly colinear. Issues addressed is reported here for brevity. Secondly, in the linear regression, there was a significant interaction with a dummy variable at six to

seven visits, which is why two separate linear regressions are shown. Other patient and physician factors were mostly noncontributory. Years of physician experience had little impact on any of the time measures.

### Discussion

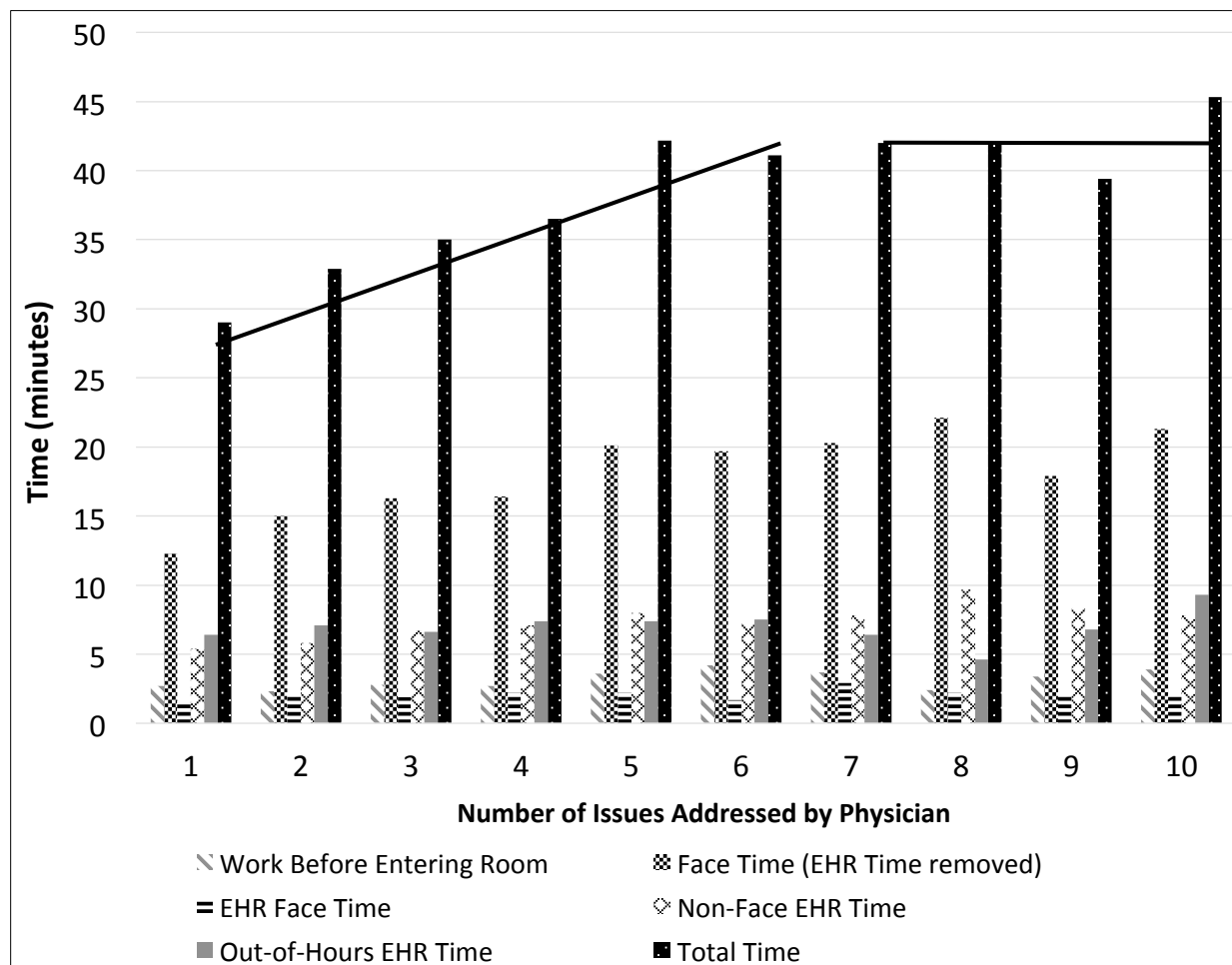
We found that family physicians spent more time in direct ambulatory patient care working in the EHR than they spent in face-to-face time with their patients. The majority of family physicians worked through lunch, stayed late at clinic, or took their work home to complete the day's EHR work. Significant predictors of visit length included the number of reasons for the visit, new patients to the practice, the number of medications prescribed, whether the physician was Hispanic, whether a resident physician presented

the patient to an attending physician, whether the patient had one or multiple physicians caring for him or her, and a few other factors.

Our results of the time spent by the physicians working in the EHR are similar to a recent study that used EHR time stamp data from 471 primary care physicians.<sup>29</sup> They found physicians logged an average of 3.08 hours on office visits and 3.17 hours on "desktop medicine" each day, which is similar to the ratio we measured. They also noted a trend from 2011 to 2014 of declining time allocated to face-to-face visits, accompanied by increasing time allocated to desktop medicine.

Our measurements of the face-to-face time are similar to previous studies from the pre-EHR era. Since the Center for Medicare and Medicaid Services Evaluation and

Figure 1: Clinic Time Elements by Number of Issues Addressed by the Physician



Management rules were introduced, direct observational studies measured between 13.4 and 19.3 minutes of mean face-to-face time,<sup>15,17,18,23,24,30,31</sup> which is similar to our result of 18.5 minutes. Our result is at the high end of this range, which may be explained by including resident physicians, additional EHR time in the exam room (2.0 minutes per visit), and more issues addressed per visit than most of the previous studies. All US results stand in contrast to a recent study in the UK, where the average general practitioner consultation included 9.5 minutes of face-to-face time and 3.3 minutes of EHR time.<sup>32</sup> The UK results are consistent with observed consultation times across six countries in Europe in 2002 of 7.6 to 15.6 minutes total (overall mean, 10.7 minutes).<sup>33</sup> Our results imply that US FPs spend more time working in the EHR than their European counterparts spend in the entire visit.

Strengths of our study included the direct observation of physician work and the comprehensive nature of our data collection. Potential weaknesses of our study include the fact that observers had 1 day of training, visits were not recorded to check for intra-observer agreement, time allocation was only kept to the minute (other studies broke down time into 15 second increments), observations included many residents and did not include physicians in private practice, and the ever-present Hawthorne effect. Further analysis (not fully reported here) found that most time or other related differences (eg, number of issues addressed) were explained by differences in patient demographics across the sites. Another weakness is that the times reported for working in the EHR outside of normal clinic hours were estimated, not observed directly. All observers believed the times estimated by the participating physicians were consistent with time elements they did observe, and that none of the physicians estimated times unrealistically. The mean out-of-hours

time comprised only 19% of the total visit time.

Our study successfully captured the work performed by the physician for each observed patient. We did not attempt to capture physician work devoted to other patients not seen that day. A recent estimate was that 13% of a family physician's time is spent coordinating care among different physicians and other health care providers, such as physical therapists and home health agencies.<sup>34</sup> Other studies found that 39 to 45% of a family physician's time is spent out of the exam room,<sup>21,30</sup> and total work time not directly involved with a patient clinic visit consumed between 20 and 50% of a primary care physician's time that is not compensated.<sup>21,35</sup> This time includes activities such as fielding telephone calls, emails, prescription refills, and reviewing lab reports, imaging reports, and consultant reports.<sup>36</sup>

Previous researchers observed that for each additional problem addressed in clinic, the visit length increased by 1 to 2.5 minutes.<sup>15</sup> These studies followed physicians in private practice who managed fewer problems per visit than in our study. Previous research has also found that inner-city patients, such as those seen in almost all our clinic sites, had more chronic medical problems and more problems evaluated per visit.<sup>37</sup> Our results yielded a 2-slope relationship, where the total time increased by 2.6 minutes per additional issue the physician addressed up to six issues, then plateaued.

An unexpected finding was that an important independent predictor of total visit time and non-face time was whether a resident checked out the patient with an attending, even though precepting time was removed from the reported times. This could reflect that we should have attributed more time to precepting, that patient visits that were checked out to attendings were more complex than average and required more thought and time, or that the attending

changed some of the residents' assessments and plans.

Our findings have important economic implications for family physicians. The original studies led by Hsiao that led to the Resource-Based Relative Value Scale (RBRVS) used by the Center for Medicare and Medicaid Services to value physician work, were conducted at a time when there was less work performed between visits and before the current evaluation and management (E&M) rules were enacted.<sup>38</sup> In Hsiao's original studies, non-face time was estimated to be 29% of the total visit time for primary care E&M visits,<sup>39</sup> and were based on telephone surveys of physicians.<sup>40</sup> Our study found this figure to be 54% of the total visit time. Furthermore, in the Hsiao's studies, hypothetical cases based on current procedural terminology (CPT) codes were used. However, there are no CPT codes that describe when a physician addresses more than three issues in a visit, nor are physicians allowed to submit more than one E&M CPT code per day for payment.<sup>38</sup> This implies that the relative value weightings of the CPT codes should be recalculated to increase payment for the significant EHR work time required in today's primary care.

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**Conflicts of Interest:** Dr Young discloses that he is the sole owner of Sentire, LLC, which is developing a novel documentation, coding, and billing system for primary care. All other authors report no conflicts.

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